





## CyBOK Workshop for Local Authorities / Education

## Thinking outside the (Cy)BoX

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# CyBOK Overview: What is CyBOK?



For the community, by the community





Developed by world experts





International effort





Knowledge Areas



Free to use for everyone





The CyBOK is a comprehensive body of knowledge for the Cyber Security sector. Designed to underpin education and professional training, it details 21 knowledge areas that encompass all aspects of cyber security, from Risk and Governance through to Cryptography and Cyber Physical Systems.

The CyBOK is well recognised in the educational sector and underpins a variety of degree programmes in UK universities including NCSC Certified Degrees. Its application to the wider community is less well established despite being of potentially significant benefit.

This project aims to explore CyBOK with established partners in the Education and Local Authority sectors, focusing on raising awareness of the resource, developing understanding of how it can best be applied to these sectors, and developing draft resources and recommendations for wider use within the sector.





# CyBOK Overview: Target audience

Senior staff from IT teams within Education Providers

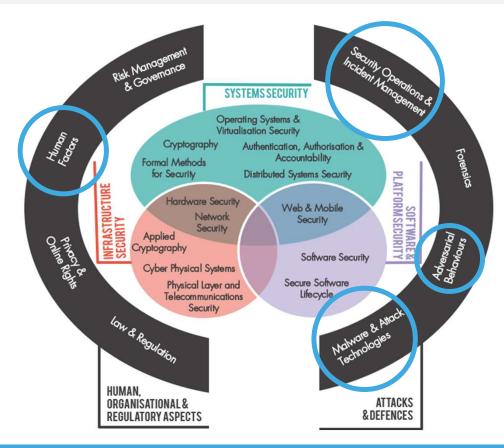
Local Authority IT teams with responsibility for Education IT

Governance teams

Welsh Government Local Authority / Education staff with responsibility for Cyber Security and Cyber Resilience



## CyBOK Overview: Knowledgebase Areas





#### Scenario 1.1: Adversary – Helen Back (IT Analyst) KA: https://www.cybok.org/media/downloads/Adversarial\_Behaviours\_v1.0.1.pdf



Helen Back is an IT Analyst who has worked for Mordor District Council for 3 years. During her employment, Helen has had multiple disagreements with her management team, colleagues and has had several altercations with management regarding her working environment, her daily workloads, and her personal development. During her last personal development review, Helen was not offered a pay increase and was not offered a promotion internally to become a senior IT analyst. In addition, there are internal 'whispers' of redundancies within the IT Support department due to an internal restructure.

Helen Back is an example of a disgruntled employee. She has given in her notice, and on the day she leaves the office she plants a malicious 'leaving present' - The 'Rubber Ducky' USB.

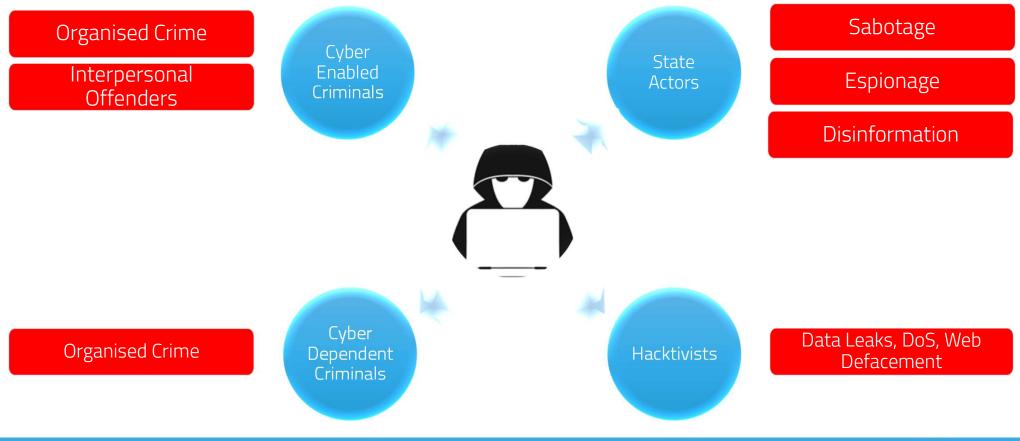
A rubber ducky USB will emulate a user's keyboard when plugged into a USB port and can be used to execute commands and execute malware. In this context, Helen has uploaded an executable ransomware onto the USB disguised as a pdf file entitled 'Redundancies 2023'. The USB has been labelled as 'Redundancies 2023' and Helen has left it in the IT Support department's kitchen just before she leaves for good. Helen is also aware that Evan takes an early lunch break at 12:00.

Discussion Point – Why do you think Helen is behaving in this manner? What security processes should be in place to protect the organisation from potential adversaries such as Helen?



## KA – Adversarial Behaviours: Characteristics of Adversaries: Cyber-Dependent/Enabled Crime

https://www.cybok.org/media/downloads/Adversarial\_Behaviours\_v1.0.1.pdf







## Scenario 1.2: Human Factor – Evan Lee – IT Support Analyst

KA: https://www.cybok.org/media/downloads/Human\_Factors\_v1.0.1.pdf

Evan Lee is the newest member of the IT Support team at Mordor District Council. Evan has only been with the council for 6 months and has recently bought a house as he has passed his probation. However, talk amongst the department colleagues regarding upcoming redundancies has left Evan worried that he may lose his job as he is the newest member of the team.

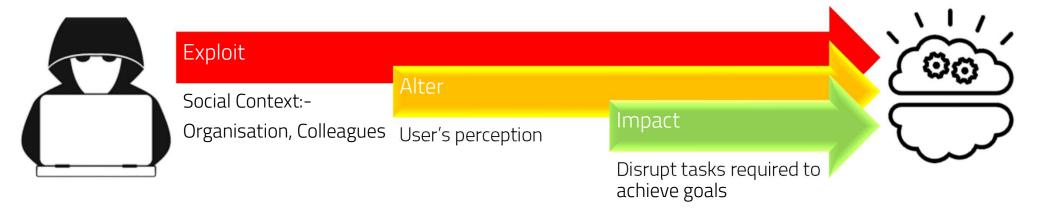
Evan is the unfortunate victim in this scenario: on his lunch break he finds the Rubber Ducky USB in the kitchen labelled 'Redundancies 2023', curiosity gets the better of him and he takes the USB.

Discussion Point – What factors do you think are contributing to Evan's behaviour?



## KA – Human Factors: Understanding Human Behaviour in Security

https://www.cybok.org/media/downloads/Human\_Factors\_v1.0.1.pdf



#### Scenario 1.3: The ransomware

KA: https://www.cybok.org/media/downloads/Malware\_Attack\_Technologies\_v1.0.1.pdf

Evan inserts the USB into his PC and sees the pdf entitled 'Redundancies-2023'. Evan double clicks the file to open it up and the file disappears.

Evan is confronted by a ransomware message:





#### Scenario 1.3: The ransomware

KA: https://www.cybok.org/media/downloads/Malware\_Attack\_Technologies\_v1.0.1.pdf

The ransomware is malicious software that encrypts a user's files making them unavailable. It is a security breach as it has broken the CIA (Confidentiality, Integrity and Availability) triad by making files unavailable, which has affected the integrity and availability of the data.

The ransomware has also gained 'persistence' on Evan's machine, by creating its own set of Windows keys inside the Windows registry. Evan tries several times to reboot his PC but the pop up remains.

Caroline Sweet is a colleague of Evan's, and the ransomware has spread to her machine. She immediately reports this to the security team.

Discussion point – Discuss the actions of Evan and Caroline. What immediate action should either of them have taken?



## KA – Malware & Attack Technologies: Malware Activities – The Cyber Kill Chain

https://www.cybok.org/media/downloads/Malware\_Attack\_Technologies\_v1.0.1.pdf



Harvesting email addresses, identifying vulnerable computers and accounts, etc

Designing exploits into a deliverable payload.

Delivering the exploit payload to a victim via email, Web download, etc.

Exploiting a vulnerability and executing malicious code on the victim's system.

Installing (additional) malware on the victim's system.

Establishing a command and control channel for attackers to remotely commandeer the victim's system.

Carrying out malicious activities on the victim's system and network.

#### Scenario 1.4: Incident response

KA: https://www.cybok.org/media/downloads/Security\_Operations\_Incident\_Management\_v1.0.2.pdf

Seymour Johnson works in the Security department of Mordor District council as a security analyst.

After receiving a telephone call from Caroline, his first action is to follow incident reporting procedure by creating an incident at a Level 1 priority on the internal incident reporting system, and reporting this to senior managers by email. He then removes every machine in the IT Support department from the network.

However, several other users across other departments, finance and administration have also had their machines infected.

After receiving further calls from other colleagues across the corporate estate, the decision is made to take down the corporate network.

Discussion – Could Seymour have taken more immediate remediation to prevent the spread of the ransomware? Discuss the incident reporting procedures in place in your organisation. What security solutions do you think could have prevented the malware infection and propagation?



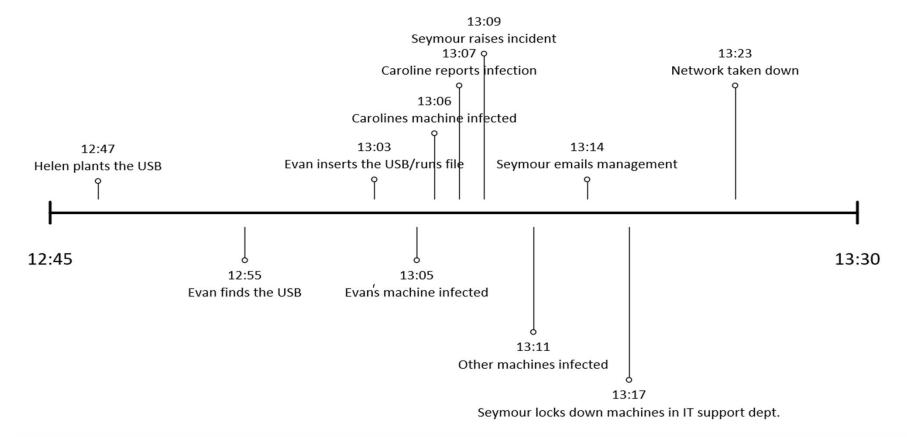
# KA - Security Operations and Management: Incident Management

https://www.cybok.org/media/downloads/Security\_Operations\_Incident\_Management\_v1.0.2.pdf





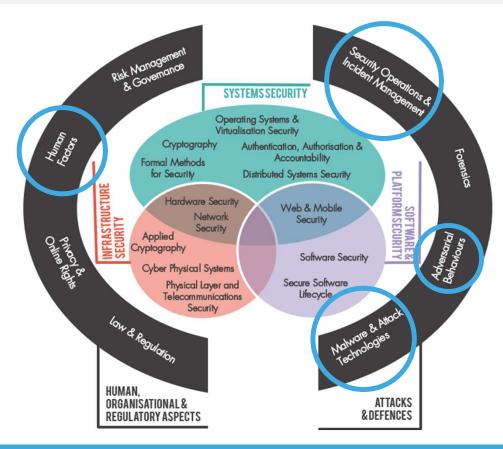
#### Scenario 1: Timeline



Scenario Summary: The Cyber Kill Chain Context – Complete the sections in white with the actions taken by Helen and Evan for each of the CKC steps below.

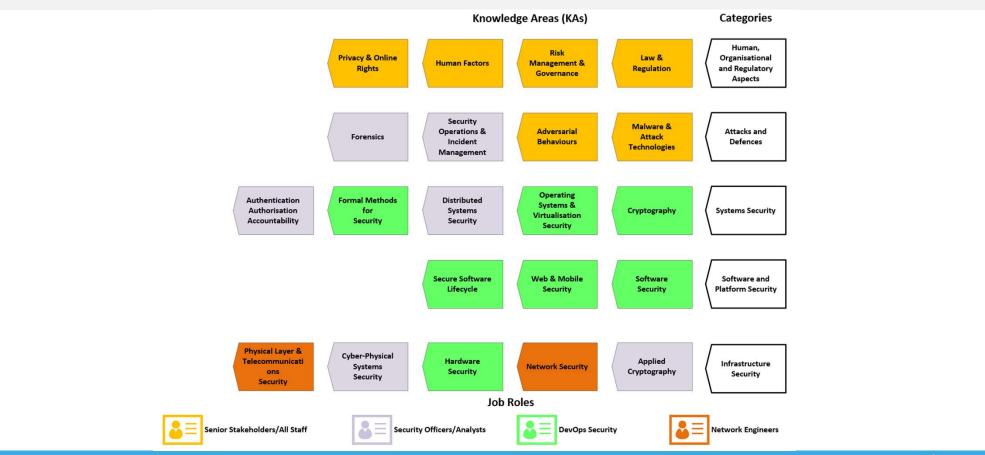


## CyBOK Overview: Knowledgebase Areas





## Knowledge Areas (KAs) Mapping to Job Roles





#### What Next?

This workshop has been the first phase of the planned deliverable to explore CyBOK with established partners in the Education and Local Authority sectors. We have focused on only four of the KAs represented in the CyBOK knowledge base. We are planning to deliver further phases delivering workshops based around some of the other KAs. Your feedback on this workshop is greatly appreciated, and will steer our decisions on other KAs to deliver on in the future.

#### Resources



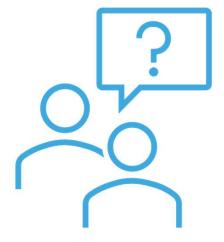
CyBOK Home Page - <a href="https://www.cybok.org/">https://www.cybok.org/</a>



CyBOK KAs - <a href="https://www.cybok.org/knowledgebase1\_1/">https://www.cybok.org/knowledgebase1\_1/</a>

### THANK YOU FOR ATTENDING!!

## **Any Further Questions?**



### Our Expertise



We have experience working with academia to developing degree programmes that align with CyBOK, and certified by the NCSC.



Through our work in the defence section, we have a strong background in secure communications and a thorough understanding the importance of cyber security awareness.



We have existing relationships with Local Authorities responsible for education networks and Welsh Government Education teams.



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