Introduction to the Era of Post-Quantum Cryptography

Dr. Essam Ghadafi

CyBOK Mapping

The lecture maps to the following CyBOK Knowledge Areas:

- lacktriangle Systems Security o Cryptography
- $\blacksquare \ \, \text{Infrastructure Security} \to \text{Applied Cryptography}$

LECTURE OUTLINE

- Classical Cryptography: Overview of symmetric and asymmetric cryptography
- Shor's and Grover's Algorithms: Impact of quantum algorithms on cryptography
- Introduction to Quantum Computing: Qubits, superposition, and entanglement
- The Issue(s) in Classical Cryptography: Vulnerabilities of classical systems to quantum attacks
- Post-Quantum Cryptography Approaches: Brief overview of quantum-resistant cryptographic methods
- Challenges in Post-Quantum Cryptography: Efficiency trade-offs, key sizes, and security proofs





Communicating parties must share a secret key

Requires solution to key-distribution problem



Communicating parties must share a secret key

- Requires solution to key-distribution problem
- How can Alice send a message that only Bob can read?



Communicating parties must share a secret key

- Requires solution to key-distribution problem
- How can Alice send a message that only Bob can read? Use Secret-Key Encryption



Communicating parties must share a secret key

Requires solution to key-distribution problem

• How can Bob send a message that only Bob could have sent?



Communicating parties must share a secret key

Requires solution to key-distribution problem

How can Bob send a message that only Bob could have sent?
 Use MACs

Public-Key Cryptography



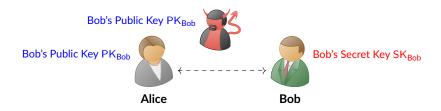
Public-Key Cryptography



Everyone knows PK_{Bob} but only Bob knows SK_{Bob}

How is this done in practice?

PUBLIC-KEY CRYPTOGRAPHY



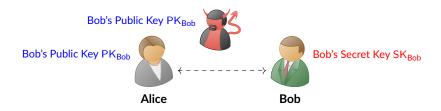
Everyone knows PK_{Bob} but only Bob knows SK_{Bob}

How is this done in practice?

Goals:

How can Alice send a message that only Bob can read?

PUBLIC-KEY CRYPTOGRAPHY



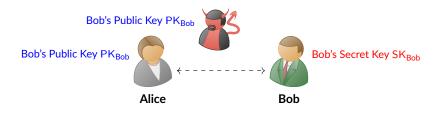
Everyone knows PK_{Bob} but only Bob knows SK_{Bob}

How is this done in practice?

Goals:

How can Alice send a message that only Bob can read? Use Public-Key Encryption

PUBLIC-KEY CRYPTOGRAPHY



Everyone knows PK_{Bob} but only Bob knows SK_{Bob}

How is this done in practice?

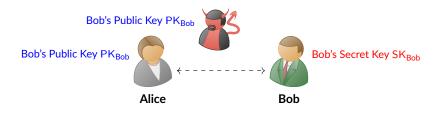
Goals:

How can Bob send a message that only Bob could have sent?

Cybok Essam Ghadafi

5

Public-Key Cryptography



Everyone knows PK_{Bob} but only Bob knows SK_{Bob}

How is this done in practice?

Goals:

How can Bob send a message that only Bob could have sent? Use Digital Signatures

Security Proof

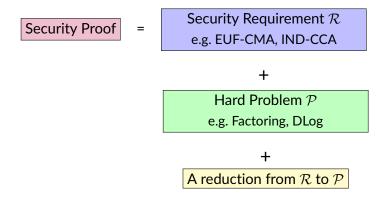
Security Requirement ${\cal R}$ e.g. EUF-CMA, IND-CCA

Security Proof

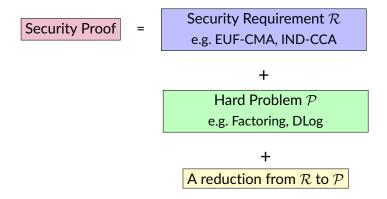
Security Requirement \mathcal{R} e.g. EUF-CMA, IND-CCA

+

Hard Problem \mathcal{P} e.g. Factoring, DLog



If attacker violates requirement \mathcal{R} , we solve problem \mathcal{P}



If attacker violates requirement \mathcal{R} , we solve problem \mathcal{P}

The Issue: Only classic attackers have been considered against ${\cal P}$

How about Quantum attackers?

CyBOK Essam Ghadafi

6

 Exploit quantum phenomena, e.g. superposition & entanglement



- Exploit quantum phenomena, e.g. superposition & entanglement
- Utilise different rules than classic computers, e.g. qubits



- Exploit quantum phenomena, e.g. superposition & entanglement
- Utilise different rules than classic computers, e.g. qubits
- A lot of attention and advancement in recent years



- Exploit quantum phenomena, e.g. superposition & entanglement
- Utilise different rules than classic computers, e.g. qubits
- A lot of attention and advancement in recent years
- A lot of applications: Genomic sequencing, finance, etc.
 - How do they affect used Cryptography?



The state of a classic bit can be either 0 or 1

The state of a quantum bit (qubit) is a complex unit vector

$$\alpha|0\rangle + \beta|1\rangle$$

where
$$|\alpha|^2 + |\beta|^2 = 1$$
 and $\alpha, \beta \in \mathbb{C}$

The state of a quantum bit (qubit) is a complex unit vector

$$\alpha|0\rangle + \beta|1\rangle$$

where
$$|\alpha|^2 + |\beta|^2 = 1$$
 and $\alpha, \beta \in \mathbb{C}$

We can think of a classic bit as additionally requiring that $|\alpha|^2=0$ or $|\alpha|^2=1$

The state of a quantum bit (qubit) is a complex unit vector

$$\alpha|0\rangle + \beta|1\rangle$$

where
$$|\alpha|^2 + |\beta|^2 = 1$$
 and $\alpha, \beta \in \mathbb{C}$

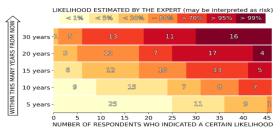
We can think of a classic bit as additionally requiring that $|\alpha|^2=0$ or $|\alpha|^2=1$

When measuring a qubit, it has probability $|\alpha|^2$ of being $|0\rangle$ and probability $|\beta|^2$ of being $|1\rangle$

After the measurement, the system is in the measured state

EXPERT'S OPINIONS

In 2021, experts were asked about the likelihood of a quantum computer breaking 2048-bit RSA



[https://globalriskinstitute.org/publications/2021-quantum-threat-timeline-report]

WHY ACT NOW?

Why should we care, even if large-scale quantum computers are not yet a reality?

WHY ACT Now?

Why should we care, even if large-scale quantum computers are not yet a reality?

- Quantum Threats Loom: Quantum computers will eventually break current cryptography
- SNDL (Store Now, Decrypt Later): Today's encrypted data may be stored now and decrypted in the future
- Slow Deployment: New cryptographic standards take years to be deploy at scale

QUANTUM ALGORITHMS

- 1994: Shor's algorithm
 - Breaks DLog & factoring with poly many gates and depth

QUANTUM ALGORITHMS

- 1996: Grover's algorithm
 - Quadratic speed up for search problems, i.e. from $\mathcal{O}(N)$ to $\mathcal{O}(\sqrt{N})$. Applicable to exhaustive key search (brute-forcing) and hash collisions

THE BASIC PROBLEM

Some of today's Cryptography relies mostly on *hard* problems which do not hold against quantum attackers

THE BASIC PROBLEM

Some of today's Cryptography relies mostly on *hard* problems which do not hold against quantum attackers, e.g.:

Hardness of factoring large (e.g. 2048-bit) numbers,
 e.g. RSA encryption, RSA signatures

THE BASIC PROBLEM

Some of today's Cryptography relies mostly on *hard* problems which do not hold against quantum attackers, e.g.:

 Hardness of computing discrete logarithms (and related assumptions), e.g DSA, Diffie-Hellman, ElGamal

Factoring Problem

Input: n = p * q for some large primes p and q

Task: Factor n to find p and q

Factoring Problem

Input: n = p * q for some large primes p and q

Task: Factor n to find p and q

Has implications for many other assumptions, e.g. RSA, Strong RSA, etc.

Cybok Essam Ghadafi 13

Factoring Problem

Input: n = p * q for some large primes p and q

Task: Factor n to find p and q

Has implications for many other assumptions, e.g. RSA, Strong RSA, etc.

Quantum hardness of factoring is poly(log n)

Discrete Logarithm (DLog) Problem

Input: Group $\mathbb{G} = \langle g \rangle$ of order p, elements g and $X = g^x$

Task: Find $x \in \mathbb{Z}_p$

Discrete Logarithm (DLog) Problem

Input: Group $\mathbb{G}=\langle g\rangle$ of order p, elements g and $X=g^x$

Task: Find $x \in \mathbb{Z}_p$

Has implications for many other assumptions, e.g. CDH, DDH, q-SDH, etc.

Discrete Logarithm (DLog) Problem

Input: Group $\mathbb{G} = \langle g \rangle$ of order p, elements g and $X = g^x$

Task: Find $x \in \mathbb{Z}_p$

Has implications for many other assumptions, e.g. CDH, DDH, q-SDH, etc.

Quantum hardness of DLog is poly(log p)

SHOR'S ALGORITHM & FACTORING

- Factoring ≤ Order-Finding
 - Factoring reduces to order-finding
 - An efficient algorithm to find the order of elements modulo $N \Rightarrow$ we can factor N efficiently
- Order-Finding ≈ Period-Finding
 - Order-finding and period-finding are approximately equivalent

Cybok Essam Ghadafi 14

Steps of Shor's Algorithm:

lacktriangle Choose a random number a

Steps of Shor's Algorithm:

- Choose a random number a
- **2** Compute gcd(a, N). If it's non-trivial, we are done

Steps of Shor's Algorithm:

- **1** Choose a random number *a*
- **2** Compute gcd(a, N). If it's non-trivial, we are done
- § Find the period r of $f(x) = a^x \mod N$ using Quantum Fourier Transform (QFT)
 - r is the order of $a \mod N$, i.e. smallest r > 1 s.t. $a^r \equiv 1 \mod N$

This step can be efficiently computed in time $O((\log N)^2 \log \log N)$ on a quantum computer

Steps of Shor's Algorithm:

- Choose a random number a
- **2** Compute gcd(a, N). If it's non-trivial, we are done
- **3** Find the period r of $f(x) = a^x \mod N$ using Quantum Fourier Transform (QFT)
 - r is the order of $a \mod N$, i.e. smallest r > 1 s.t. $a^r \equiv 1 \mod N$
- **①** Compute $\gcd\left(a^{\frac{r}{2}}-1,N\right)$ to get a non-trivial factor

This step can be efficiently computed in time $O((\log N)^2 \log \log N)$ on a quantum computer

SHOR'S ALGORITHM - EXAMPLE

Example: Factoring 21:

- Choose a = 2, compute powers: $2^x \mod 21$
- **Sequence:** $2, 4, 8, 16, 11, 1, 2, 4, 8, 16, 11, 1, \dots$ (Period r = 6)
- **Compute** $\gcd(2^{\frac{6}{2}} 1, 21) = \gcd(7, 21) = 7$
- Factors: 3, 7, thus $21 = 3 \times 7$

Factoring is easy to solve if we can find the period r efficiently

Grover's Algorithm

What does it do?

- Quantum search algorithm
- Finds a marked item in an unsorted database of size N in $O(\sqrt{N})$
- Quadratic speedup over classical brute-force search ($O(\sqrt{N})$ vs. O(N))

Security Proof

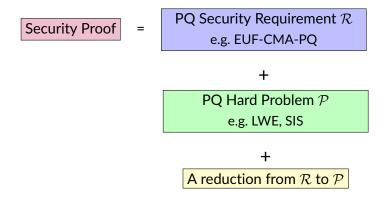
PQ Security Requirement ${\cal R}$ e.g. EUF-CMA-PQ

Security Proof

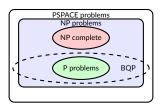
PQ Security Requirement \mathcal{R} e.g. EUF-CMA-PQ

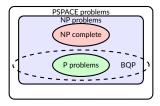
+

PQ Hard Problem \mathcal{P} e.g. LWE, SIS

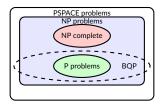


If attacker violates requirement \mathcal{R} , we solve problem \mathcal{P} . Caters for quantum attackers

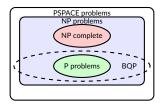




Class P: Can be efficiently solved by a classical computer Example: Primality Testing, Linear Programming, etc.



- Class BQP: Can be efficiently solved by a quantum computer
 - Factoring and DLog belong to this class



Some potential post-quantum candidates:

- Solving multivariate non-linear equations over a finite field
- Bounded distance decoding over finite fields
- Finding closest & shortest lattice vectors
- Breaking cryptographic hash functions

Cybok

EXISTING/PREVIOUS STANDARDS

- NIST public-key crypto standards
 - SP 800-56A: Diffie-Hellman, ECDH
 - SP 800-56B: RSA encryption
 - FIPS 186: RSA, DSA, and ECDSA signatures

All of the above can be easily broken by a large scale quantum computer

POST-QUANTUM SYMMETRIC CRYPTO

A large scale quantum computer would also impact symmetric Cryptography , e.g. AES, SHA-3, but not by much

Post-Quantum Symmetric Crypto

A large scale quantum computer would also impact symmetric Cryptography , e.g. AES, SHA-3, but not by much

■ Quantum hardness of searching \mathcal{X} is $\Theta(|\mathcal{X}|^{\frac{1}{2}})$ vs. $\mathcal{O}(|\mathcal{X}|)$ classic hardness

POST-QUANTUM SYMMETRIC CRYPTO

A large scale quantum computer would also impact symmetric Cryptography , e.g. AES, SHA-3, but not by much

- Quantum hardness of searching \mathcal{X} is $\Theta(|\mathcal{X}|^{\frac{1}{2}})$ vs. $\mathcal{O}(|\mathcal{X}|)$ classic hardness
- Quantum hardness of finding collisions $\Theta(|\mathcal{X}|^{\frac{1}{3}})$ vs. $\mathcal{O}(|\mathcal{X}|^{\frac{1}{2}})$ classic hardness

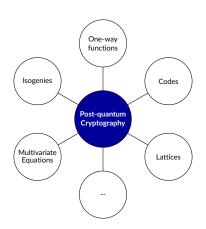
Post-Quantum Symmetric Crypto

A large scale quantum computer would also impact symmetric Cryptography , e.g. AES, SHA-3, but not by much

- Quantum hardness of searching \mathcal{X} is $\Theta(|\mathcal{X}|^{\frac{1}{2}})$ vs. $\mathcal{O}(|\mathcal{X}|)$ classic hardness
- Quantum hardness of finding collisions $\Theta(|\mathcal{X}|^{\frac{1}{3}})$ vs. $\mathcal{O}(|\mathcal{X}|^{\frac{1}{2}})$ classic hardness

e.g. To get same security level of AES, double key size

PQC Approaches



- Various intractability assumptions
- Sometimes not easy to compare like-for-like

Cybok Essam Ghadafi

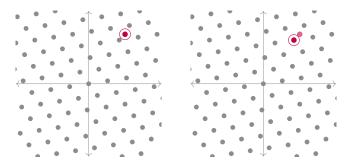
LATTICE-BASED CRYPTOGRAPHY

A lattice is a set generated by integer linear combinations of the columns of a matrix

- Key idea: Use a good reduced basis as SK and a bad basis as PK
- Enabled the first realisation of fully homomorphic encryption

LATTICE-BASED CRYPTOGRAPHY

Example: Closest Vector Problem (CVP)



Intuition: Find the closest lattice point to a given target

Hard in high dimensions

Multivariate Cryptography

MQ Problem

Input: Quadratic polynomials $f_1, \ldots, f_m \in \mathbb{F}[x_1, \ldots, x_n]$ of degree ≤ 2

Task: Find $\mathbf{y} \in \mathbb{F}^n$ s.t. $f_i(\mathbf{y}) = 0$ for all $i = 1, \dots, m$

◊ Intuition: Solve a system of quadratic equations over a finite field

Multivariate Cryptography

MQ Problem

Input: Quadratic polynomials $f_1, \ldots, f_m \in \mathbb{F}[x_1, \ldots, x_n]$ of degree ≤ 2

Task: Find $\mathbf{y} \in \mathbb{F}^n$ s.t. $f_i(\mathbf{y}) = 0$ for all $i = 1, \dots, m$

- Even small systems are hard to solve efficiently
- Decisional MQ problem is NP-Complete
- Cryptosystems typically have large keys, but small signatures/ciphertexts (e.g., Rainbow signature scheme (Broken!))

HASH-BASED CRYPTOGRAPHY

Used mainly for digital signatures (e.g., Lamport scheme)

- Signature schemes based on hash functions
- Security reduces to finding collisions in the hash
- Large signatures and slower signing (SPHINCS+ signature scheme standardised by NIST)

CODE-BASED CRYPTOGRAPHY

Syndrome Decoding Problem

Input: A (binary) matrix $\mathbf{A} \in \mathbb{F}_2^{n \times m}$, syndrome $\mathbf{s} \in \mathbb{F}_2^n$ Task: Find $\mathbf{e} \in \mathbb{F}_2^m$ of small Hamming weight s.t. $\mathbf{A}\mathbf{e} = \mathbf{s}$

ho Intuition: Solve a linear system over ho2, constrained to a sparse (low-weight) solution

CODE-BASED CRYPTOGRAPHY

Syndrome Decoding Problem

Input: A (binary) matrix $\mathbf{A} \in \mathbb{F}_2^{n \times m}$, syndrome $\mathbf{s} \in \mathbb{F}_2^n$ Task: Find $\mathbf{e} \in \mathbb{F}_2^m$ of small Hamming weight s.t. $\mathbf{A}\mathbf{e} = \mathbf{s}$

ightharpoonup Intuition: Solve a linear system over \mathbb{F}_2 , constrained to a sparse (low-weight) solution

- Large keys (e.g., 220kB for 128-bit security in McEliece Encryption)
- Some schemes broken recently, but still practical for high security
- Modern variant: HQC (Hamming Quasi-Cyclic encryption), selected by NIST in 2025 for standardization

ISOGENY-BASED CRYPTOGRAPHY

Isogeny Problem

Input: Two isogenous elliptic curves E_1, E_2 Task: Compute a map (isogeny) $\psi: E_1 \to E_2$

 Easy to verify once known, but hard to compute without the secret

ISOGENY-BASED CRYPTOGRAPHY

Isogeny Problem

Input: Two isogenous elliptic curves E_1, E_2 Task: Compute a map (isogeny) $\psi: E_1 \to E_2$

- Easy to verify once known, but hard to compute without the secret
- Yield compact cryptosystems
- Some schemes broken recently (SIDH/SIKE), but conceptually promising

PQC FROM SYMMETRIC-KEY CRYPTOGRAPHY

Based on classical primitives (block ciphers, hash functions, etc.) with quantum-safe parameters

Example:

- AES with 256-bit key (resistant to Grover's algorithm)
- Hash-based constructions for signatures

CyBOK Essam Ghadafi 29

PQC FROM SYMMETRIC-KEY CRYPTOGRAPHY

Based on classical primitives (block ciphers, hash functions, etc.) with quantum-safe parameters

Example:

- AES with 256-bit key (resistant to Grover's algorithm)
- Hash-based constructions for signatures

Advantages: Efficient, simple, well-studied

 2016: NIST called for quantum-resistant cryptographic algorithms for new public-key cryptography standards (Digital signatures, Encryption & Key-establishment)

- 2016: NIST called for quantum-resistant cryptographic algorithms for new public-key cryptography standards (Digital signatures, Encryption & Key-establishment)
- 2022: NIST announced chosen candidates:

- 2016: NIST called for quantum-resistant cryptographic algorithms for new public-key cryptography standards (Digital signatures, Encryption & Key-establishment)
- 2022: NIST announced chosen candidates:
 - Encryption & Key Establishment:
 - CRYSTALS-KYBER (Lattice-based)

- 2016: NIST called for quantum-resistant cryptographic algorithms for new public-key cryptography standards (Digital signatures, Encryption & Key-establishment)
- 2022: NIST announced chosen candidates:
 - Encryption & Key Establishment:
 - CRYSTALS-KYBER (Lattice-based)
 - Digital Signatures:
 - CRYSTALS-DILITHIUM (Lattice-based)
 - FALCON (Lattice-based)
 - SPHINCS+ (Hash-based)

2024: Finalized NIST standards published:

- FIPS 203: Module-Lattice-Based Key-Encapsulation Mechanism (ML-KEM) CRYSTALS-KYBER
- FIPS 204: Module-Lattice-Based Digital Signature
 Algorithm (ML-DSA) CRYSTALS-DILITHIUM
- FIPS 205: Stateless Hash-Based Digital Signature Algorithm (SLH-DSA) SPHINCS+

NIST PQC – Additional Signatures

Key Dates

- NIST issues a call for Additional Signatures published: 6 Sep, 2022
- Submission deadline: 1 Jun, 2023
- Round 1 candidates announced (40): 17 Jul, 2023
- Round 2 candidates announced (14): 24 Oct, 2024
- Deadline for updated Round 2 packages: 17 Jan, 2025

NIST PQC – Additional Signatures

Key Dates

- NIST issues a call for Additional Signatures published: 6 Sep, 2022
- Submission deadline: 1 Jun, 2023
- Round 1 candidates announced (40): 17 Jul, 2023
- Round 2 candidates announced (14): 24 Oct, 2024
- Deadline for updated Round 2 packages: 17 Jan, 2025

Round 2 Candidates by Approach (Total: 14)

| Approach | Number |
|--|--------|
| MPC-in-the-Head (Zero-Knowledge based) | 5 |
| Multivariate | 4 |
| Code-based | 2 |
| Isogeny-based | 1 |
| Lattice-based | 1 |
| Symmetric-based | 1 |

NIST HQC STANDARD

- HQC (Hamming Quasi Cyclic) is a code-based Key Encapsulation Mechanism
- Selected by NIST on 11 Mar, 2025 as the 5th PQC standard and backup to ML KEM
 - Provides algorithmic diversity beyond lattice assumptions
- Security relies on the Quasi Cyclic Syndrome Decoding problem
- Draft standard expected in 2026 and final standard in 2027

Efficiency Comparison (128-bit Security)

| Scheme | Signature Size | PK Size |
|--------------------|----------------|----------------|
| RSA-3072 | 384 | 384 |
| ECDSA-256 | 64 | 64 |
| CRYSTALS-DILITHIUM | 2,420 | 1,312 |
| FALCON | 666 | 897 |
| SPHINCS+ | 17,088 | 32 |

Sizes are in bytes

Some Challenges in PQC

- Larger keys, signatures, and ciphertexts
- Higher resource demands (time, hardware, memory)
- New operations and assumptions
 - Some assumptions (e.g., SIDH) have been broken
- Side-channel attacks
- More complex implementations
 - Non-uniform sampling, sampling rejection, decryption failures, etc.

KEY TAKEAWAYS

- Shor's and Grover's Algorithms threaten classical cryptosystems by efficiently solving hard problems
- Post-Quantum Cryptography aims to develop quantum-resistant cryptosystems to secure future communications
- Challenges in PQC include balancing efficiency and security, and some approaches are not as mature as their classical counterparts

Additional Resources & Reading

- NIST PQC Standardization Project: https://csrc.nist. gov/projects/post-quantum-cryptography
- Open Quantum Safe Project: https://github.com/open-quantum-safe
- Shor's Paper: https://arxiv.org/abs/quant-ph/9508027

CyBOK Essam Ghadafi 37